

Date: \_\_\_\_\_

Number of People: \_\_\_\_\_

OK'd By: \_\_\_\_\_

Meal	Food Group	Food Selected	Qty per Person	Qty to Buy	Cost Est.	Cost Actual
<b>Breakfast</b>	Milk / Cheese					
	Protein					
	Vegetable / Fruit					
	Cereal / Grains					
	Drinks / Misc.					
<b>Lunch</b>	Milk / Cheese					
	Protein					
	Vegetable / Fruit					
	Cereal / Grains					
	Drinks / Misc.					
<b>Dinner</b>	Milk / Cheese					
	Protein					
	Vegetable / Fruit					
	Cereal / Grains					
	Drinks / Misc.					
<b>Breakfast</b>	Milk / Cheese					
	Protein					
	Vegetable / Fruit					
	Cereal / Grains					
	Drinks / Misc.					